Alterhumanity & Nonhumanity After Birth: An incomplete chronological list of resources touching on the potential development of nonhumanity later in life.

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"Becoming A Were," Alt. Horror. Werewolves, February 1998,

https://groups.google.com/g/alt.horror.werewolves/c/koRDLsfJ4Mw/m/TBal_KHgsioJ

A discussion centering around the idea of choosing to become a Were. Includes several members who have ideas about how one would become a Were or who claim to have become a Were themselves.

"How to become a werewolf(How to install your wereside)." Polar, archived April 2001, https://web.archive.org/web/20010421122418/http://www.lycanthrope.org/index.php3?955753182

Tongue-in-cheek humor, with in-jokes. Imagine that your mind is a computer... install the wolf operating system on a second partition on your hard drive. [Description taken from Orion Scribner's *Directory of Writings* pg. 68]

"Frequently Asked Questions," Winged Watchers, November 2001 http://web.archive.org/web/20021205145715/http://wingedwatchers.tripod.com/faq.html

A mention is made in passing of "becoming" a dragon through soul-binding.

"Run of the Soul," Demon Wolf, archived February 2002,

 $\underline{https://web.archive.org/web/20020220041057/http://myweb.ecomplanet.com/LUNE2889/mycustompage}\\0008.htm$

A magical ritual for re-creating or even creating a connection to one's animal side. [Description taken from Orion Scribner's *Directory of Writings* pg. 68]

The Unified Theory of Core Animal Spirituality, Lion Templin, 2002, https://www.leonine.com/~lion/cthwww/tocas.pdf

A look at Core Animal Spirituality and how nonhuman identities function and exist because of a need for human-equivalency species-specific niches to be filled, and function as simultaneously identities and as role fulfillment. A look into the "why" of animality and the potential argument that everyone is interacting with (or has the potential to fulfill) animal-roles.

"There is a wolf that lives in the right side of my brain," Twilight Stray, January 2005, https://akhila.feralscribes.org/2005/the-right-side-of-the-brain/

Musing on ideas surrounding therianthropy and the left/right brain dichotomy.

"Their There: In what way are you a wolf?" Orion Scribner, October 2005, https://tapas.io/episode/293008

A comic dealing with otherkin causes of origin, including ones which are chosen and form later in life. Controversially, also includes roleplay as a theoretical way to develop nonhumanity.

""Different" isn't "Insane"," Akhila, September 2005, https://akhila.feralscribes.org/2005/different-isnt-insane/

An essay meant to clear up misconceptions surrounding the concept of psychological therianthropy.

"Therianthropy Theories," Winged Wolf, archived October 2009 (House of Chimeras claims the essay existed in 2006 and earlier, however),

 $\underline{https://web.archive.org/web/20100106160026/http://therianthropy.wingedwolfpsion.com/Weretheory.html}\\$

On theoretical causes behind therianthropy. Includes several after-birth causes including imprinting, psychic link development, and the "everyone is a therian" & primal association theory.

"Otherkin & Therian Theories of Cause or Origin," Meirya, 2006,

https://projectshift.therianthropy.info/otherkin-therian-theories-of-cause-or-origin-by-meirya/

On theories and causes of origin, including several after-birth causes including walk-ins, imprinting, mental fabrication, primal association, psychic connection, spiritual linkage, and the "everyone is a therian" theory.

"Therianthropy theories," Therianthropes.com, archived July 2007,

https://web.archive.org/web/20070703022743/http://www.therianthropes.com/therianthropy_theories.htm

In-depth looks at multiple theoretical causes behind therianthropy. Includes several after-birth causes including possession, walk-ins, imprinting, and the "everyone is a therian" theory.

"A Mythological Perspective on Therianthropy," Lupa Greenwolf, October 2007, https://therioshamanism.com/2007/10/02/a-mythological-perspective-on-therianthropy/

A look into the ideal of mythological narratives and therianthropy, and how Lupa finds her therianthropy interwoven with her own personal mythology.

"A Totemic Perspective on Spiritual Therianthropy," Lupa Greenwolf, Noveember 2007, https://therioshamanism.com/2007/11/13/a-totemic-perspective-on-spiritual-therianthropy/

Lupa discusses her own nonhumanity, and how it interweaves with her wolf totem. A personal critique on how community separations between having totems and having theriotypes may not always be accurate, with some speculation on the creation of theriosides through totem work.

(Author's Note: Lupa now no longer uses the term "totem" in her work due to issues of appropriation, and instead prefers to use alternatives such as "spirits.")

"Upbringing, Imprintation, and Self-Development," Sonne Spiritwind, November 2007, https://sonne.sonverrid.org/sanctuary/blog/2021/02/02/upbringing-imprintation-and-self-development-december-19-2007/

Talks about how Sonne's theriotypes were influenced by aspects of their childhood and self-development. Less a direct "theriotypes are created" standpoint and more an interesting look at how theriotypes can be affected by typical human things and may not entirely static parts of your identity that are entirely set in stone.

"A Comprehensive Introduction to a Psychological View of Therianthropy," Liesk, 2007,

https://projectshift.therianthropy.info/a-comprehensive-introduction-to-a-psychological-view-of-therianthropy-by-liesk/

Talks about therianthropy from a psychological perspective, including the idea that therianthropy largely stems partially from atypical neurowiring, but that such does not necessarily guarantee someone will be a therian-- instead, focusing on the idea that something happens with identity formation later in life that is occurring in tandem with this atypical neurowiring, which ultimately causes someone to 'become' a therian.

A Field Guide to Otherkin "Theories of Otherkin Origins," Lupa Greenwolf, 2007.

Pg. 73 includes "Walking In: A walk-in is a soul that enters a body some point after birth, usually at least a few years thereafter." Pg. 80 includes "Psychology: [sic] Personality aspects come about one of two ways. For some people they are natural divisions within the Self that rise to the surface in the process of introspection. ... The other way aspecting may be done is deliberately." and then later on in the psychology subsection, on pg. 82 "There are also Otherkin who see their 'kin self as being something that is neurological in nature, hard wired into their brain or at least imprinted at a young age." There's additionally the Personal Mythology, Imagination, and Metaphor subsection from page 86-95 which touches on ideas of otherkin as metaphorical rather than literal, and something we arguably semi-control.

"Question & Answer," Sonne Spiritwind, 2008, https://projectshift.therianthropy.info/question-answer-by-sonne/

A therianthropy Q&A. At one point goes into detail on the question of if someone can "become" a therian.

"Becoming a Therian," Sonne Spiritwind, February 2009,

https://projectshift.therianthropy.info/becoming-a-therian-by-sonne/

Talks about the idea of "becoming" a therian, complexities around the idea, and the ways in which it is reduced and often looked down upon in the therianthrope communities.

"Therianthropy as a Result," Citrakayah, November 2010,

https://citrakayah.ucoz.org/index/therianthropy_as_a_result/0-7

An essay touching on the idea of viewing personal theriathropy as coming from a multitude of causes, rather than one singular theory.

"For a non-essentialist understanding of animality," Akhila, April 2011, https://akhila.feralscribes.org/2011/for-a-non-essentialist-understanding-of-animality/

Argues that it's a mistake to say that we're born therians, because everybody constructs their identity to some extent. [Description taken from Orion Scribner's *Directory of Writings* pg. 68]

"What are Otherkin?" Tirl Windtree, September 2016, https://www.otherkin.net/2016/09/what-are-otherkin/

A brief overview of what being otherkin means and how individuals can potentially explain their identity. Places classifications of explanations into the categories of "appeal to biology," "appeal to spirit," "appeal to psychology," "mental aberration and escapism," and "all of the above".

"On being a psychological fictionkin due to projecting," Chordata-on-alterhumanity, October 2019, https://chordata-on-alterhumanity.tumblr.com/post/188589322728/on-being-a-psychological-fictionkin-due-to

Darius' thoughts and musings on how and why it became fictionkin of a beloved character.

"Introductory Guide to Psychological Otherkin," Grey, July 2020, https://www.kinmunity.com/articles/introductory-guide-to-psychological-otherkinity.11/

A short guide to some of the ideas common to psychological-identifying otherkin. Includes mentions of otherkinity as a result of past coping mechanisms and trauma.

"On Constructs and Models," Blue, May 2021, https://therianimal.tumblr.com/post/652395177296723968/on-constructs-and-models

An essay touching on ideas of alterhuman narratives, how we define and understand ourselves through the constructs we create, and why we should not attempt to enforce our personal construct as universally-applicable community constructs.

"How I Became Nonhuman (Otherkin, Therian)," James Langford (House of Chimeras), May 2021, https://liongoatsnake.tumblr.com/post/652640733672718336/how-i-became-nonhuman-otherkin-therian

A personal introspective essay on how one human systemmate gradually found themselves "becoming" and identifying as nonhuman.

"The Plasticity of Otherkin," Sonne Spiritwind, June 2021, https://spiritus-sonne.tumblr.com/post/653439038655807488/the-plasticity-of-otherkin

An essay on the idea that nonhumanity is not always a "for-life static thing," and that it is important to accept that one's nonhumanity may shift and change as they get older, including through gaining or losing specific nonhuman identities.

"Classifying Psychological 'Kin," Scaramouche, October 2022, https://pathokin.tumblr.com/post/697873202109677568/classifying-psychological-kin

A proposed list of classifications that can be utilized to sort and divide psychological-identifying otherkin, fictionkin, and therians into different various classes: neurodevelopmental, pathodevelopmental, neuropathological, and neuropathodevelopmental.